

## CQL Accreditation and Personal Outcomes Measures

~ PART 4 ~

CQL's *Personal Outcome Measures*® are used to identify people's quality of life outcomes, plan supports, and gather information and data about individual outcomes. We conduct *Personal Outcome Measures*® interviews to demonstrate the linkage between personally defined quality of life and excellence in person-centered services and the importance of data in planning and making change.



- Are people achieving their priority life outcomes?
- What organizational practices are in place to ensure that people are supported to achieve their outcomes?

### MY CHOICES

#### FACTOR 4

Choice is the ability to make decisions that affect one's life and community. Central to choice are self-determination, participation, and autonomy. Organizations must accommodate peoples' preferences so they can get what they want and need.

### INDICATORS

17 People choose where and with whom they live

18 People choose where they work

19 People choose service

### Values

- People's choices about where and with whom they want to live are critical to providing supports.
- People have the same array of options of where to live that is available to everyone.
- People have an array of options of where and with whom they live.
- People have control of decisions regarding their living situations.

### Principles for Organizations

- Discover people's preferences for living arrangements.
- Use personal choices and characteristics to guide how you assist people to find where and with whom to live.
- Serve as an advocate to enhance and expand options for all people.

Personal Outcome Measures®

has been reformatted into the following factors:

**My Human Security**

Non-negotiable human and civil rights

**My Community**

Access to be in, a part of, and included in the community

**My Relationships**

Social support, familiarity, intimacy, and belonging

**My Choices**

Decisions about one's life and community

**My Goals**

Dreams and aspirations for the future

